## Interpersonal Skills Workshop



08 - 15 May, 2024

- Personal awareness
- Emotional intelligence
- Critical thinking
- Resolving conflicts
- Handling difficult people

- Communicating with diplomacy and tact
- Effective listening
- Teambuilding
- Being a valuable team player
- Humor and lightheartedness

A seven-day workshop aiming to equip participants with practical knowledge, insights and exercises; to make use of one's own talents, qualities and capabilities in working together; to handle daily challenges, within and outside the community; based on understanding, appreciation and respect.

It is specifically designed to facilitate priests, men and women religious toward a harmonious intercultural living, and working relationship in their respective contexts.

Start : 08 May afternoon

End: 15 May after lunch

Costs : € 975

**Trainer**: Judit Kolster, Soft Skills Trainer

Number of participants: max. 20

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